

What's Happening?

FIA/FRIENDSHIP CLUB HARDIN COUNTY COMMUNITY SERVICES



FEBRUARY 2016 HAPPY VALENTINES DAY!



Dates to remember...

FIA Advisory Board meeting: Jan. 27, 8:30am, Friendship Club
MHDD Advisory Board meeting: Feb. 19, 8:30-10am, Friendship Club
Hardin County MHIT: Feb. 25, 8:30am, Friendship Club

Monthly Lunch Outings

Reminders:

- Let us know by the previous club day (Monday, if our lunch is on Wednesday) if you are planning to come so we can tell the restaurant a number.
- Also, participants are responsible for paying for their own meals on our winter lunch outings.



Provider Spotlight

IPR- A Success In Hardin County

CENTRAL IOWA RECOVERY
500 Fairmeadow Dr.
Webster City, Iowa 50595



The Central Iowa Recovery (CIR) Intensive Psychiatric Rehabilitation Service (IPRS) has been operating in Hardin County since October of 2012. We began IPRS in Hardin County with just one Practitioner, Cheri Manning. Due to the positive impact of the program the requests for participation required the addition of a second Practitioner, Jennifer Knott, who began providing IPRS in December of 2013.

Hardin County had an initial group of 8 individuals participate in the program with Cheri as their Practitioner. Most of these individuals have since completed the program but between Cheri and Jennifer there are 12 new people participating.

In November of 2014 CIR held its first graduation ceremony for the initial program participants with an outcome of over 90% graduating throughout all of the counties CIR serves, many of these graduates were very proud Hardin County participants.

Recently I have had the opportunity to receive feedback from individuals who are, or have participated in the IPR program at CIR. The feedback was overwhelming with life-changing impacts ranging from participants decreasing isolation and getting involved in the community to getting employment and even buying homes! Most importantly all response was consistent with these people taking major steps toward recovery and living a much healthier and happy life!

In closing I would like to thank Hardin County for participating in Central Iowa Recovery and our IPR program. This has afforded those of us fortunate enough to be working together with the program participants the opportunity to witness such remarkable outcomes and see these life changes occur.

Timothy E. Bedford, CPRP, Executive Director
Central Iowa Recovery



January may be cold, but we felt like we were at the beach collecting seashells, thanks to Marion for providing shells and baskets for making a craft. The upside was we didn't have to get sand out of our



- Ackley Food Pantry**
641-847-2862
641-847-3839
641-847-2403
 - Alden Food Pantry**
515-859-7827
515-290-5684
 - Hubbard Pantry Phone**
641-864-2625
 - Hardin Co. Emergency Food Pantry**
641-648-5036
877-290-5587
 - Radcliffe Food Shelf**
515-859-2327
 - The Ruth Project**
641-648-3594
641-648-6617
 - Union Community Food Outreach**
641-486-2394
641-858-3077
- IFUMC Community Meal**
Iowa Falls First United Meth Church
Wednesday Community Meals
 641-648-4607
 Carry outs 5-5:30
 Dine in 5:30-7:00



Bowling was enjoyed by 14 participants, and many scores were over 100!!



FEBRUARY 2016

MON-WED-FRI 10:30A-3:30P

| SUN | MONDAY | TUE | WEDNESDAY | THU | 27 | FRIDAY | SAT |
|--|---|-----|--|-----|--|--------|-----|
| | 11:00 CWU Service Project Sack Lunch 1 Motivation/Inspiration Youtube | 2 | Out to Lunch at The 502 Grill House@11. 3 Peoplerides will pick you up 30 minutes later than normal that morning. All others meet there at 11:00. BEHAVIORAL HEALTH | 4 | 11:00 Morning Moments Sack Lunch 5 SHOW AND TELL | 6 | |
| 7 | 11:00 CWU Service Project Sack Lunch 8 Valentine Craft  Thresa Baugh | 9 | 11:00 Morning Moments Friendship Lunch: Tator Tot Casserole 10 Helpers: Larissa & Thresa Readings with Virginia | 11 | 11:00 Morning Moments Sack Lunch 12 Tina's Crafty Craft  | 13 | |
| 14  | 11:00 CWU Service Project Sack Lunch 15 Pictionary Challenge | 16 | 11:00 Morning Moments Friendship Lunch: Shepherd's Pie 17 Helpers: Kayla & Josh BINGO | 18 | 11:00 Morning Moments Sack Lunch 19 BOWLING  Kasey Cervett | 20 | |
| 21 | 11:00 CWU Service Project Sack Lunch 22 Group Lunch Shopping Participant Meeting | 23 | 11:00 Morning Moments 24 GROUP Friendship Lunch: Walking Tacos Helpers: Shirley & Dean Calendar Planning  Scott Sasser | 25 | 11:00 Morning Moments Sack Lunch 26 Newsletter Mailing | 27 | |
| 28 | 11:00 CWU Service Project Sack Lunch 29 Greenbelt Home Care Sharing | |  | | fiafc@hardincountyva.gov Club 10:30-3:30 641-648-7500 Note: Listed activities start at 1:00pm unless It is an "outing".  Birthdays | | |

Hardin County Community Services
1201 14th Ave
Eldora IA 50627