

# What's Happening?

## FIA/FRIENDSHIP CLUB HARDIN COUNTY COMMUNITY SERVICES



### MARCH 2016 HAPPY EASTER!!



#### Dates to remember...

**FIA Advisory Board meeting:** Mar. 23, 8:30am, Friendship Club

**MHDD Advisory Board meeting:** May 27<sup>th</sup>, 8:30, Hardin Co. Comm. Services, Eldora

**MHIT:** June 2, 8:30am, at the Friendship Club.

#### Ackley Food Pantry

641-847-2862  
641-847-3839  
641-847-2403

#### Alden Food Pantry

515-859-7827  
515-290-5684

#### Hubbard Pantry Phone

641-864-2625

#### Hardin Co. Emergency Food Pantry

641-648-5036  
877-290-5587

#### Radcliffe Food Shelf

515-859-2327

#### The Ruth Project

641-648-3594  
641-648-6617

#### Union Community Food Outreach

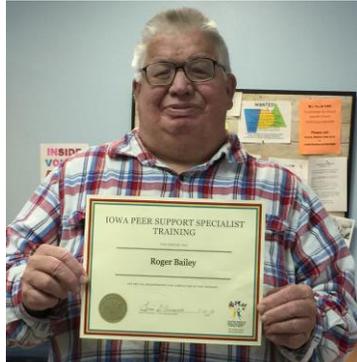
641-486-2394  
641-858-3077

#### IFUMC Community Meal at Iowa Falls First United Meth Church

#### Wednesdays

641-648-4607  
Carry outs 5-5:30  
Dine in 5:30-7:00

C  
O  
N  
G  
R  
A  
T  
S



R  
O  
G  
E  
R

**Roger Bailey** received his Peer Support Specialist Training Certificate in January.

#### What is a Peer Support Specialist?

A Peer Support Specialist (PSS) is a person who is living well in recovery, who has experienced a loss of a significant role in his/her life due to the experience of serious mental or serious emotional disturbance, addiction, loss or trauma. As a Peer Support Specialist, he/she will use their recovery story to instill hope. They will provide support to other peers and assist them in reaching and maintaining their personal recovery goals. In addition, he/she will serve as an advocate, provide information, help access community resources, and model competency in recovery and wellness. Peer Support Specialists promote skills for improving mental and physical well-being and increasing resiliency. They promote self-determination and support peers in maintaining relationships and increasing a higher level of control and satisfaction over their lives.

Peer Support Specialists are employed in mental health facilities, social service agencies, peer run recovery centers, peer run respites, integrated health homes, hospitals, prisons, with law enforcement agencies and other healthcare organizations.

#### Monthly Lunch Outings

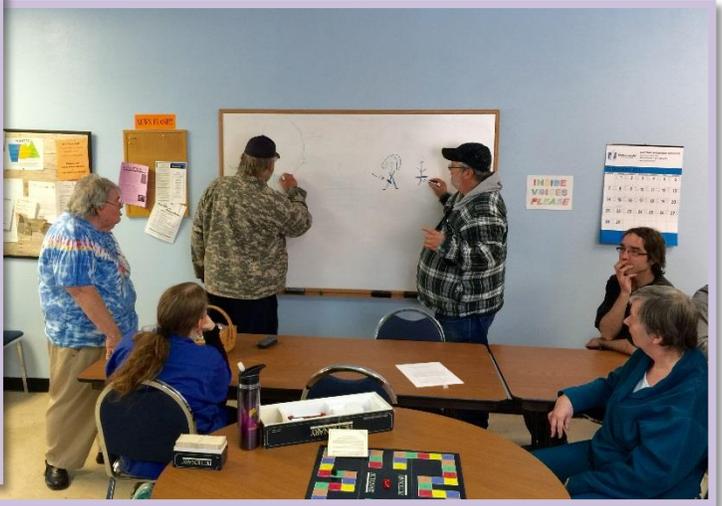
#### Reminders:

- Let us know by the previous club day (Monday, if our lunch is on Wednesday) if you are planning to come so we can tell the restaurant a number.
- Also, participants are responsible for paying for their own meals on our winter lunch outings.



*May the risen Christ  
fill your heart with joy,  
bring you new hope,  
and bless you with peace. Amen.*

*Happy Easter!*



Anyone for a game of Pictionary?  
Lots of laughs, guesses, and interesting pictures were enjoyed by the two teams that played in the Pictionary Challenge. We won't discuss whose team won. 😊



Assembling, folding, labelling and stamping newsletters are a group effort every month.



One of the more interesting BINGO prizes lately was a cowboy hat. Volunteer Cowboy Deanna wore it quite well, before it went home with the actual BINGO winning cowboy, Josh.



Pete showed his pool skills with an "8-ball on the Break!" That is a rare occurrence in pool, similar to a hole-in-one in golf.

# MARCH 2016

MON-WED-FRI 10:30A-3:30P

SUN	MONDAY	TUE	WEDNESDAY	THU	27	FRIDAY	SAT		
	<p><i>March 27th is Easter Sunday! Happy Easter!!!</i></p>	<p>1</p>  <p>Joyce Crosser</p>	<p>11:00 Morning Moments Friendship Lunch: Goulash <b>Helpers: Diane, Thresa, Kathy</b></p> <p><b>Behavioral Health</b></p>	<p>3</p>	<p>11:00 Morning Moments Sack Lunch</p> <p><b>Youtube:</b> "How do they do that?"</p>	<p>4</p>	<p>5</p>		
6	<p>11:00 CWU Service Project Sack Lunch</p> <p><b>Crafts!!</b></p>	<p>7</p>  <p>Candy Eoff</p> <p>Richard Evans</p>	<p>Out to Lunch at @11 At The 502 Grill House Peoplerrides will pick you up 30 minutes later than normal that morning and bring you to the 502. All others meet there at 11:00.</p> <p><b>Make Memory Shakers</b></p>	<p>8</p>	<p>10</p>	<p>11:00 Morning Moments Sack Lunch</p> <p><b>SHOW AND TELL</b></p>	<p>11</p>	<p>12</p>	
13	<p>11:00 CWU Service Project Sack Lunch</p> <p><b>Participant Meeting</b></p>	<p>14</p>	<p>11:00 Morning Moments Friendship Lunch: Pizza Party, Bring \$2 for pizza!! <b>Helpers: Everyone!</b> <i>Celebrate Being Irish!!</i></p> <p><i>Readings with Virginia</i></p>   <p>Kristen Blaisdell</p>	<p>15</p>   	<p>16</p>	<p>11:00 Morning Moments Sack Lunch</p> <p><b>BOWLING</b></p>	<p>17</p>	<p>18</p>	<p>19</p>
20	<p>11:00 CWU Service Project Sack Lunch <b>Group Lunch Shopping:</b> Richard, Dean, Roger</p> <p><b>Speaker from Calkins Nature Area</b></p>	<p>21</p>	<p>11:00 Morning Moments <b>GROUP</b> Friendship Lunch: Ham &amp; Bean Soup <b>Helpers: Roger, Dean, Richard</b></p> <p><b>BINGO</b></p>	<p>22</p>	<p>23</p>  <p>John Klatt</p>	<p>11:00 Morning Moments Sack Lunch</p> <p><b>Calendar Planning</b></p> <p><b>Good Friday</b></p>	<p>24</p>	<p>25</p>	<p>26</p>
27	 <p>11:00 CWU Service Project Sack Lunch</p> <p><b>Newsletter Mailing</b></p>	<p>28</p>	<p>11:00 Morning Moments Friendship Lunch: Lasagna <b>Helpers: Josh, Autumn</b></p> <p><i>Do Your Own Thing!</i></p>	<p>29</p>	<p>30</p>	<p><a href="mailto:fiafc@hardincountyia.gov">fiafc@hardincountyia.gov</a> Club 10:30-3:30 641-648-7500 Note: Listed activities start at <b>1:00pm</b> unless it is an "outing".</p>  <p>Birthdays</p>	<p>31</p>		

Hardin County Community Services  
1201 14<sup>th</sup> Ave  
Eldora IA 50627