

What's Happening

A publication of Hardin County Community Services

October, 2012

Clubhouse Improvement Kickoff

It may not be the most glamorous project, but Friendship Club members, volunteers, staff, and the FIA Board all agree that a new (additional) restroom for the Clubhouse is the most pressing need at this time. Thus, The FIA Board is spearheading a fund drive to raise one-half of the apx \$9,000 cost for the project through private donations. The balance of funding will be paid from county funds that supports the Friendship Club.

The fund drive is well on its way. Gifts totaling \$759 in memory of Barb Kelsey, an FIA Board leader and volunteer who died recently, will serve as the seed money to begin the fundraising project. A generous \$900 donation was recently received from the Iowa Falls Church Women United and a few individual donations have been received. A special committee has been formed in support of this project. The committee will be contacting current and former FIA partners for support and offering some fundraising activities. It is hoped that the construction of the additional handicap accessible restroom can be finished in early 2013. Any individual or organization who would like to get involved in supporting this project please contact Kathy Vitasek at Friendship Club, 641-648-7500.

Mark The Date

Oct. 6, 7:00am-Leave Clubhouse for NAMIWalk 2012 in Des Moines.

Oct. 10, 8:30-FIA Advisory Bd., Friendship Club, Ia. Falls.

October Friendship Club Meals

10/3-Out to Eat @ Chuong Garden, Iowa Falls. Be there at 11:30.

10/10-Turkey Loaf Helpers: Roger and Glenda

10/17-Chili Helpers: Sharon and Julie

10/24-Cheesy Potatoes & Ham Helpers: Ed and Deanna

10/31-Stroganoff Helpers: Vicki and Gina

NAMIWalks 2012



Over \$2,400 has been raised locally by NAMI Hardin County in support of NAMIWalks 2012. The local chapter is an affiliate sponsor of the event to be held in Des Moines on October 6th. Twenty-four NAMI members and supporters plan to participate in the event.

Thank you to all who donated or purchased tickets for the HyVee gift card drawing. Ellsworth Hospital was again an event sponsor by donating \$250. Iowa Falls Dairy Queen donated \$100. HyVee provided an in-kind \$40 donation.

Pictured above, NAMI President Ruth Norem and HyVee Manager Tim Off draw the winners for the two \$200 HyVee gift cards. The winners were Trisha Frenicks and Desiray Larson.

Thanks to all who have supported this project to raise funds to improve awareness and education of mental illness locally and throughout Iowa.

FOR SALE: 2003 Ford Taurus SES, apx. 130,000 miles, PS,PB, cruise. For more information contact Hardin Co. Community Services, 939-8168.

FOCUS FRIEND-Roger Bailey



Our Focus Friend this month is Roger Bailey. Roger has been a member of the Friendship Club nine years. He and Glenda, his wife, moved to Iowa Falls from Eldora about 7 years ago. He grew up in Webster City and moved away from there at age 15. Since then he has lived in several other communities and finally settled in where he now resides.

What would you like people to know about you?

I like working with people and helping others get through their problems. While I am not anti-social, neither am I an outgoing socialite. I like being in my own space and do not readily reach out to others.

Why do you come to Friendship Club?

I like the Friendship Club because it gives a way to get away from the "four walls" of my home. When I miss a meeting it feels like the walls of my home are falling in on me. The Club provides an out that is both inexpensive and practical.

What do you do for fun?

Sometimes I will play a card game with friends or a word game with my wife on a web game site. Beyond that I spend a lot of time on my computer working with a railroad simulation game. I also watch some TV.

Boone Valley Railroad Fun

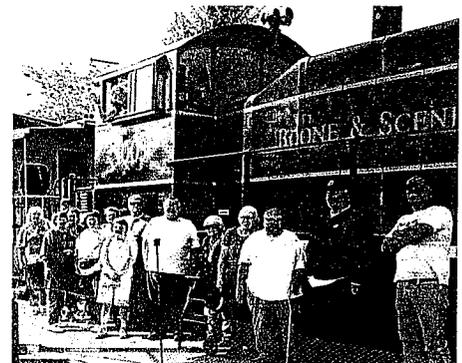


Kathy Vitacek, director FIA/HCFC poses for a snapshot from inside the cab of the Boone & Scenic Valley Railroad engine.

FINAL GRANT OUTING On Wednesday, September 19th, sixteen members of the FIA/ Friendship Club and three volunteers took our final outing to the Boone & Scenic Valley Railroad during a beautiful late summer day. Prior to the train ride the group drove through McHose Park and dined at the Colorado Grill. Then we were treated to a 14 mile round trip to the little community of Frazier, Ia. and back to Boone. While riding, we were told the rich history of how the Boone &

Scenic Valley came into existence. The track was once part of a larger route that went through Ft Dodge, Ia.. Its main purpose was to haul coal from the several coal mines that once dotted the country side along the route. When the coal industry came to an end the need for the line ended and the section of track used by the Boone & Scenic Valley today would have been abandoned except for a group of volunteers, in and around the Boone area, who negotiated with Chicago & NorthWestern Railroad to

purchase the line. Highlight of this trip was the scenic view of the countryside from the vantage point of the high trestle, which crosses the Des Moines River. This excursion was made possible through a grant from Hardin Co. Community Development Endowment and Hardin Co. Community Services.



By Roger Bailey FC member

FRIENDSHIP CLUB

OCTOBER, 2012

OPEN M AND W 11 – 4 & F 11 - 3:30

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Meals "around" noon activities "around" 1:00pm	<p>1</p> <p>11:15 Get Moving Sack Lunch</p> <p><i>Sharing with Billie Jo</i></p>	2	<p>3</p> <p>Out to Eat- Chung Garden 11:30</p> <p>FREEDOM HOUSE – Rick</p>	<p>4</p> <p> Ryan Alloway</p> <p> Josh Johnston</p>	<p>5</p> <p>11:15 Get Moving Sack Lunch</p> <p>Crafts with Sandy</p>	6
7	<p>8</p> <p>11:15 Get Moving Sack Lunch</p> <p>Nature Walk in Assembly Park – bring sack lunch</p>	9	<p>10</p> <p>11:15 Get Moving Friendship Lunch –</p> <p>Card Tournament</p> <p>4:30 NAMI BOARD</p>	11	<p>12</p> <p>11:15 Get Moving Sack Lunch</p> <p>BOWLING</p>	13
14	<p>15</p> <p>11:15 Get Moving Sack Lunch</p> <p>JODY ANDERSON – CITY MANAGER (trails, streets & police cars, etc.)</p>	16	<p>17</p> <p>11:15 Get Moving Friendship Lunch</p> <p><i>Readings with Virginia</i></p>	<p>18</p> <p> Patty Halfpop</p>	<p>19</p> <p>11:15 Get Moving Sack Lunch</p> <p>Member Meeting & bingo</p> <p> Robert Eakin</p>	20
21	<p>22</p> <p>11:15 Get Moving Sack Lunch –</p> <p>DIABETES EDUCATION – DAWN</p>	23	<p>24</p> <p>11:15 Get Moving Friendship Lunch</p> <p><i>Current Events with Dean Booth</i></p>	25	<p>26</p> <p>11:15 Get Moving Sack Lunch</p> <p>Calendar planning & Members Choice</p>	27
28	<p>29</p> <p>11:15 Get Moving Sack Lunch –</p> <p><i>Coordinator's Choice!</i></p>	30	<p>31</p> <p>11:15 Get Moving Friendship Lunch</p> <p>SHOW & TELL</p>		<p>clubiafalls@yahoo.com 641-648-7500 602 S Oak, P O B 622 Iowa Falls, IA 50127</p>	