

What's Happening

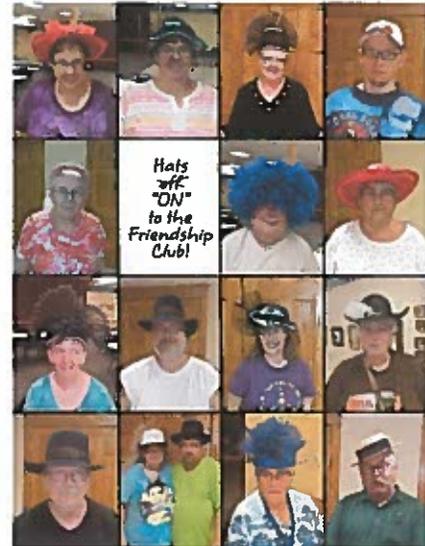
A publication of Hardin County Community Services

OCTOBER, 2014

Walk Declared A Success

A beautiful, crisp, September morning provided a wonderful backdrop for the 1st Annual Walk for the Mind, Body, and Spirit, sponsored by NAMI Hardin County. Approximately 40 participated in the walk. The walk raised \$1240. to educate the community and fight stigma regarding mental illnesses.

NAMI President Ruth Norem thanked everyone for their support! She thanked corporate/business sponsors including Hansen Family Hospital, Mills Phone Service, AmericInn, Dairy Queen, Walmart, and HyVee. Top individual fundraisers included: Ruth Norem \$355.; Lois Mills \$225.; and Barb Havens \$100.



Friendship Club members enjoyed recent outings to "the Hat Lady" and to the Hansen Dairy Farm. Pictured above are several of the members and staff showing off their favorite hats!

Sally feeds a calf at the farm (below).



THANK YOU!

- *Iowa Falls Church Women United for your continued generous financial support and St. Marks Knights of Columbus and Parchment Club for recent donations.*
- *Bethany Lutheran Church and contributors for sponsoring the recent Mental Health First Aid training.*
- *Hardin County Community Endowment Foundation for a grant that allowed four major Club outings this summer and fall.*
- *Ken and Sandi Butt for hosting the Friendship Club for a fall picnic at your home.*

New Employment Services Offered

The Central Iowa Community Services (CICS) region identified employment services for persons with disabilities as the top unmet service need in the new region. As a result, CICS issued a Request For Proposals (RFP) in an effort to enhance these services.

North Iowa Vocational Center (NIVC) was awarded a contract to provide enhanced employment services for Hardin and Franklin Counties. NIVC will be hiring two new job developer/job coach positions to work in the two counties. NIVC will utilize the Discovery process and will partner with area businesses, schools, and other organization to secure integrated community employment for at least 10 new individuals during FY 15. The contract may be extended for up to four years based on the identified outcomes.

A kickoff is planned during October for the enhanced services. For more information contact Hardin County Community Services.



Scott K. helps with the milking.

MARK THE DATE

Oct. 22, 8:30 a.m., FIA Advisory Board Mtg., Friendship Club, Ia. Falls.

Oct. 22, 10:00 a.m., NAMI Hardin County All Member Meeting, Friendship Club, Ia. Falls.



Important NAMI Member Meeting Scheduled

All current NAMI members are encouraged to attend a special meeting at 10 a.m. on October 22nd at Friendship Club in Iowa Falls. The meeting is planned for the members to vote on a plan for NAMI to dissolve its affiliation with NAMI Iowa and its status as a private non-profit entity. Please plan to attend!

Remember-

The best way to cope with feelings of being overwhelmed is to take one task at a time. Make a list of things you need to get done and start with one task. Once you accomplish that task, choose the next one. This will create positive feelings and motivate you to keep going.

-Mental Health America

October

OPEN Mon, Wed & Fri 10:30 - 3:30

| Sun | Mon | Tue | Wed | Thur | Fri | Sat |
|-----|--|-----|---|------|---|-----|
| | <p>Open M,W,F 10:30 - 3:30 Office Hours 8:30 - 10:30 ACTIVITIES AT 1:00 UNLESS NOTED</p> | | <p>1 11:00 Morning Moments Friendship Lunch: Nelson Surprise Helpers: Pete & Tim BEHAVIORAL HEALTH 3:30 PEER TO PEER Kathy gone</p> | 2 | <p>3 11:00 Morning Moments Sack Lunch Sandy Craft Creations</p> | 4 |
| 5 | <p>6 11:00 Las Flores (Peoplerides will do late pickups & deliver to Las Flores) Empowerment Conference sharing with Julie & Mary</p> | 7 | <p>8 8:00 FIA BOARD MEETING 11:00 Morning Moments Friendship Lunch: Cheeseburger Mac Helpers: Autumn & Linda READINGS WITH VIRGINIA (2:00 Halloween Party Planning Autumn, Tracy, Sally) 3:30 PEER TO PEER</p> | 9 | <p>10 11:00 Morning Moments Sack Lunch BOWLING</p> | 11 |
| 12 | <p>13 11:00 Morning Moments Sack Lunch Pool & Card Tournament</p> | 14 | <p>15 11:00 Morning Moments Friendship Lunch: Pork Loin & Veggies Helpers: Sally & Deanna SHOW & TELL 3:30 PEER TO PEER Linda Manske</p> | 16 | <p>17 11:00 Morning Moments Sack Lunch CALENDAR PLANNING & BINGO</p> | 18 |
| 19 | <p>20 11:00 Morning Moments Sack Lunch Mary's Photography</p> | 21 | <p>22 8:30 FIA BOARD MEETING 10:00 <u>ALL NAMI Member Meeting (Peoplerides at 9:30)</u> Friendship Lunch: Tator Tot Casserole Helpers: Tracy & Gina Member Meeting & Members Choice 3:30 PEER TO PEER</p> | 23 | <p>24 11:00 Morning Moments Sack Lunch What's NEW with YOU?</p> | 25 |
| 26 | <p>27 11:00 Morning Moments Sack Lunch Greenbelt Health Care CHAT 2:00 NEWSLETTER MAILINGS</p> | 28 | <p>29 11:00 Morning Moments Friendship Lunch: Goulash Helpers: Roger & Lois What's Happening with Harold Alt 3:30 PEER TO PEER</p> | 30 | <p>31 11:00 Morning Moments Sack Lunch Halloween Party Costume Prizes, Games & Surprises</p> | |