

# What's Happening?

FIA Friendship Club\*\*\*\*Hardin County Community Services

## AUGUST 2015

### GOOD BYE from KATHY

It's been an honor and privilege to serve as FC Coordinator since Dec. 2010. I'm ready to retire to be with my husband, who works in the wind energy field in the southwest states. We purchased a huge motor coach and will be living the vagabond life. I will continue to volunteer for mental health, specifically FIA/FC as my husband's company will fly me home every 2 to 3 wks for 1 or 2 wks. This has been my favorite job ever.



**Join us for a coffee and thank you for retiring coordinator Kathy Vitasek on Wednesday, August 5, 2:00-3:30pm.**

### HELLO Everyone!

This is Mary Nelson, and I will be taking over as coordinator of the FIA/Friendship Club as of August 3rd. I have been the assistant coordinator for the past year and have really enjoyed working with and learning from Kathy. Working with the participants, volunteers, and the others involved in the Friendship Club has been a joy and I look forward to things to come. As sad as I am to see Kathy go, I am very excited for her plans to travel and be with her family.



Jim Paprocki from OCA spoke with the Friendship Club and stayed to play some pool!

855-OCA-IOWA  
Fax: 319-826-3537  
[Info@ocaiowa.org](mailto:Info@ocaiowa.org)  
[www.ocaiowa.org](http://www.ocaiowa.org)

Also find them on FaceBook: [www.facebook.com/OCAOfficeOfConsumerAffairs](http://www.facebook.com/OCAOfficeOfConsumerAffairs)

*The Friendship Club participants in attendance had the opportunity of learning about OCA, the Iowa Office of Consumer Affairs. The office offers a variety of services and supports to persons and families with behavioral health recovery and disabilities challenges, other state agencies and providers. As stated in their brochure, they will:*

*\*Serve as a statewide resource for information, referrals, community education, individual education, one-on-one problem solving and system navigation.*

*\*Provide input on the development and implementation of policies and programs impacting services in Iowa.*

*\*Provide an advocacy voice to stakeholder groups throughout the state. Our goal is to promote awareness of the concerns, perspectives, and vision of persons and families with recovery and disabilities challenges.*

*\*Assist DHS with sharing information and gathering feedback from the people who use services in Iowa.*



Many, many thanks to the Evangelical Free Church of Iowa Falls for their wonderful help in choosing colors and then painting the Friendship Club! Everyone is enjoying the new “blue” club. We have also had carpets and furniture cleaned. Things are looking great!

***Special thanks to the church volunteers:***

Jerry Hitch  
Sherilyn Hitch  
Joan Jennings  
Ron Allen  
Terry Peterson  
Jess Peterson  
Terri Hartkopp

***Also thanks to:***  
Carlyna Gray  
Maree Bradshaw  
Mike Nelson  
Damone Martin



# AUGUST 2015

Mon, Wed, & FRI 10:30a-3:30p

Sun	Mon	Tue	Wed	Thur	Fri	Sat
 Birth days			<a href="mailto:fiafc@hardinountyia.gov">fiafc@hardinountyia.gov</a>			1
2  Tina Hutze	3 11:00 CWU SERVICE Sack Lunch  <b>GET THE CLUB READY!</b>	4	5 11:00 Morning Moments Friendship Lunch: Hamb. Mac N Cheese Helpers: Kayla, Vickie <i>1:00 Behavioral Health</i>  <b>2:00 Retirement Coffee for Kathy</b>	6 	7 11:00 Morn Moments Sack Lunch  <b>BINGO!!</b>	8
9	10 11:00 CWU SERVICE Sack Lunch  <i>PARTICIPANT MEETING</i>	11	12 11:00 Morning Moments Friendship Lunch: Pork Loin Helpers: Pete, Diane  <i>1:00 Readings with Virginia</i>	13	14 <b>OUTING</b> No in town Peoplesrides, pickups start at 10:30 after county Peoplesrides arrives. Lunch at Westside in Alden and local Iowa Falls museum tours.	15
16  Tim Rogers	17 11:00 CWU SERVICE Sack Lunch <i>Group Shopping for Lunch</i>  <b>CALENDAR PLANNING</b>	18 	19 11:00 Morning Moments <b>GROUP</b> Friendship Lunch: Pigs in a blanket Helpers: Tim, Tina and Kaye <b>BIRTHDAY LUNCH</b>  <b>Your Choice!</b>	20	21 11:00 Morn Moments Sack Lunch  <b>BOWLING</b>	22
23	24 11:00 CWU SERVICE Sack Lunch  <b>YouTube Fun!</b>	25	26 11:00 Morning Moments Friendship Lunch: Spagetti 'n Meatballs Helpers: Linda, Shirley  <b>SHOW &amp; TELL</b>	27 	28 11:00 Morn Moments Sack Lunch  Newsletter Mailings	29  Kay Lycke
30	31 11:00 CWU SERVICE Sack Lunch  <b>Greenbelt Home Care Sharing</b>				Office 8:30-10:30 Club 10:30-3:30	